Sample Values

Values are foundational beliefs that anchor our lives, the things that matter to us the most, the nonnegotiable characteristics that best describe who we are.

Accomplishment	Lack of Pretense
Affirmation	Love
Ambition	Marriage
Autonomy	Making Money
Beauty	Mentoring
Being in Control	Obedience
Caution	Orderliness
Career	Patience
Collaboration	Peace
Community	Perfection
Compassion	Performance
Competence	Persistence
Competition	Personal Power
Consistency with Biblical Teaching	Physical Vitality
Creativity	Productivity
Determination	Protection
Diligence	Purity
Efficiency	Quality
Elegance	Recognition
Encouragement	Relaxation
Enlightenment	Respect for People
Excellence	Respect for Life
Faithfulness	Respect for the Environment
Family	Risk Taking
Forgiveness	Security
Forward-looking	Self-esteem
Freedom	Self-expression
Frugality	Sensitivity
Fulfillment	Servanthood
Fun	Service
Gentleness	Sexual Fulfillment
Genuineness	Silence
Good taste	Sincerity
Growth	Solitude
Hard Work	Spiritual Growth
Health	Stability
Honesty	Success
Humility	Temperance
Humor	Tolerance
Impacting People	Tongue Control
Independence	Tranquility
Influence	Trust
Integrity	Truth
Intelligence	Winning
Joy	Worship

Core Values Evaluator

Prioritization of Values: *{identify the 3 – 5 strongest of your core values}*

Make a list of all the values you have, writing the first seventeen on this sheet. Then begin a full pairwise comparison for each of your values. On line 2 you will compare Value #1 with Value #2, circling the number of the value that is more important to you. You can ask yourself: "If I absolutely had to choose just one of these two values, which would it be?" On line 3 you will compare Value #1 with Value #3 and Value #2 with Value #3. Continue in that way until all the values have been compared with each other.

Tabulate your results by counting how often a number is circled on the page. Then write that in the "rank" cell. Prioritize your values according to that rank.

	Value	Comparison	Rank
1.			
2.		1 2	
3.		1 2 3 3	
4.		1 2 3 4 4 4	
5.		1 2 3 4 5 5 5 5	
6.		1 2 3 4 5 6 6 6 6 6	
7.		1 2 3 4 5 6 7 7 7 7 7 7	
8.		1 2 3 4 5 6 7 8 8 8 8 8 8 8	
9.		1 2 3 4 5 6 7 8 9 9 9 9 9 9 9 9	
10.		1 2 3 4 5 6 7 8 9 10 10 10 10 10 10 10 10 10	
11.		1 2 3 4 5 6 7 8 9 10 11 11 11 11 11 11 11 11 11 11	
12.		1 2 3 4 5 6 7 8 9 10 11 12 12 12 12 12 12 12 12 12 12 12	
13.		1 2 3 4 5 6 7 8 9 10 11 12 13 13 13 13 13 13 13 13 13 13 13 13	
14.		1 2 3 4 5 6 7 8 9 10 11 12 13 14 14 14 14 14 14 14 14 14 14 14 14 14	
15.		1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 15 15 15 15 15 15 15 15 15 15 15 15 15	
16.		1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 16 16 16 16 16 16 16 16 16 16 16 16 16 16	
17.		1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 17 17 17 17 17 17 17 17 17 17 17 17 17 17 17	